

THERE ARE NO IMAGES AVAILABLE AT THIS TIME

Ingredients

whole eggs, dairy protein base (cultured skim milk, water, natural flavor), gouda cheese with smoke flavor [pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color), natural smoke flavor], bacon (cured with: water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite), nonfat milk, cream cheese powder [cream cheese (milk, culture, salt, carob bean gum, enzyme), nonfat milk], soybean oil, modified corn starch, sodium lactate (preservative), salt, citric acid, carrageenan, nisin preparation (preservative)

ALLERGENS

[Eggs](#), [Milk](#)

Packaging information

| | |
|-------------------------|-----------|
| MASTER CASE CUBE | 0.2402 |
| GROSS WEIGHT | 2.206 lbs |
| HEIGHT | 5.5 |
| LENGTH | 8.75 |
| NET WEIGHT | 1.6 |
| WIDTH | 8.625 |

| | |
|------------------|----|
| PALLET HI | 7 |
| TI | 20 |

Storage

| | |
|---------------------------------------|---------|
| SHELF LIFE: | 77 Days |
| STORAGE TEMPERATURE - MAXIMUM: | 0 °F |
| STORAGE TEMPERATURE - MINIMUM: | 0 °F |
| STORAGE METHOD: | Frozen |

Preparation

MICROWAVE:

Microwave instructions were developed using an 1100-watt microwave oven. Ovens vary; heat times may need to be adjusted. If additional time is needed, microwave 5 seconds at a time until hot. 1. PREP: Remove top film completely from cup. 2. HEAT: Place cup near edge of microwave turntable. Microwave on HIGH for 25-30 seconds or until hot. Let stand for 1 minute. Enjoy! CAUTION: CUP AND OMELET MINIS WILL BE HOT. Always follow heating instructions.

THAW:

Ready to Heat & Eat!

Nutritional information

NUTRITION FACTS

1 Servings Per Container

Serving Size 90g

Amount Per Serving

Calories **220**

Daily Value % *

| | |
|------------------------------|------------|
| Total Fat 15g | 19% |
| Saturated Fat 6g | 30% |
| Trans Fat 0g | |
| Cholesterol 170mg | 57% |
| Sodium 690mg | 30% |
| Total Carbohydrate 6g | 2% |
| Dietary Fiber 0g | 0% |
| Total Sugars 4g | |
| Includes 0g Added Sugars | 0% |
| Protein 14g | |
| Vitamin D 0.8mcg | 4% |
| Calcium 180mg | 15% |
| Iron 1.1mg | 6% |
| Potassium 170mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

To inquire if a signed copy of the product formulation statement or Child Nutrition statement is available for this item, please contact the Tyson Foodservice Customer Relations Team at 1-800-248-9766. Or email CustomerRelations@tyson.com.

Need help?

Call us at 1-800-261-4754