



GTIN CODE: 30027182000162
 LEGACY PRODUCT CODE: 046441-8928
 PRODUCT CODE: 10000046441

One Pan Dish Pork Stir Fry

Ingredients

Miso ginger rubbed pork sirloin strips: pork, seasoning [sugar, salt, yeast extract, natural flavors, ginger, garlic powder, maltodextrin, red miso (fermented soybeans, salt), soy sauce (fermented soybeans, salt), tapioca maltodextrin, onion powder, dehydrated green onion, citric acid], vinegar. Yakisoba noodles: enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, refined soybean oil, salt, potassium carbonate, sodium carbonate, color [organic maltodextrin, annatto extract (color), turmeric (color), organic rice concentrate]. Ginger teriyaki stir fry sauce: Soy sauce (water, wheat, soybeans, salt, alcohol, vinegar), brown sugar, water, mirin [water, mirin (rice, alcohol, salt, enzyme, koji), sugar, lactic acid], miso [water, soybeans, rice, sea salt, koji starter (aspergillus oryzae)], garlic, rice, vinegar, corn starch, sea salt, pineapple juice concentrate, sesame oil, ginger, xanthan gum, spices.

ALLERGENS

Soy, Wheat

Packaging information

MASTER CASE CUBE	0.4953
GROSS WEIGHT	6.591 lbs
HEIGHT	8.125
LENGTH	11.3125
NET WEIGHT	5.5
WIDTH	9.3125

PALLET HI	5
TI	17

Storage

SHELF LIFE:	330 Days
STORAGE TEMPERATURE - MAXIMUM:	0 °F
STORAGE TEMPERATURE - MINIMUM:	0 °F
STORAGE METHOD:	Frozen

Preparation

PAN FRY:

Pan Fry / Skillet. In a large skillet, heat 1 tablespoon of oil over medium-high heat. When the oil is hot, sauté the Miso-Ginger Seasoned Pork Sirloin Strips. For even cooking, use a spatula to separate the strips of meat. Sauté the pork until fully cooked and lightly browned on all sides, about 4-5 minutes.* 2. Turn the heat to medium-low. Add 1/4 cup of water, the Ginger teriyaki Stir-Fry Sauce, and the Yakisoba Noodles (use your fingers to gently break them apart) to the skillet and stir to combine. Cover and continue to cook until the noodles and sauce are warmed through, stirring occasionally, about 6-8 minutes. 3. Spoon the finished dish into a serving bowl. Enjoy!*USDA recommends cooking pork to an internal temperature of 145°F and allowing to rest for at least 3 minutes

Nutritional information

NUTRITION FACTS

About 3 Servings Per Container

Serving Size 202g

Amount Per Serving

Calories **340**

		Daily Value % *
Total Fat	8g	10%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	50mg	17%
Sodium	1100mg	48%
Total Carbohydrate	41g	15%
Dietary Fiber	1g	4%
Total Sugars	10g	
Includes 3g Added Sugars		6%
Protein	26g	51%
Vitamin A		0%
Vitamin C	0 mg	0%
Vitamin D	0 mcg	0%
Calcium	10 mg	0%
Iron	3.5 mg	20%
Potassium	450 mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

To inquire if a signed copy of the product formulation statement or Child Nutrition statement is available for this item, please contact the Tyson Foodservice Customer Relations Team at 1-800-248-9766. Or email CustomerRelations@tyson.com.



now!

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